

# **Code of Conduct**



## **Wee County Harriers Running Club will:**

- Ensure that all coaches and volunteers hold the appropriate qualifications.
- Adopt national policies and codes of good practice in relation to athlete welfare.
- Ensure that club officers and volunteers always act responsibly and set an example to all members.
- Appoint a designated Welfare Officer who is provided with appropriate training and periodic updating, to act as the first point of contact in cases of concern about athlete welfare and make their contact details known to organisations.
- Liaise appropriately with other key persons, including parents (of junior Harriers), officials, coaches and sport scientists, to ensure that good practice is followed.
- Operate within the guidelines of the Athletics Welfare Policy & Procedures document.

## **The Athlete should:**

- Treat others with the same respect and fairness that they wish to receive.
- Anticipate their own needs, be organised and on time.
- Inform their coach of their coaching needs and of any other coaching they are receiving.
- Show patience with, and respect diversity in others.
- Act with dignity at all times.
- Avoid destructive behaviour and leave training venues & races as they find them.
- Never engage in any illegal or irresponsible behaviour.
- Challenge anyone whose behaviour falls below the expected standards of the Athletics Welfare Policy & Procedures document.
- Speak out immediately if anything makes them concerned or uncomfortable (telling parents/guardian and/or the Club Welfare Officer) or if a club mate has suffered from misconduct by someone else.

## **Transferring/Swapping Race Numbers**

As per UK Athletics Rule 143(2iii) for road races, you must never run using someone else's number, unless you have contacted the organisers and gained their permission to exchange the number. Failure to do so could result in both athletes being expelled from the club and banned from Scottish Athletics events.

"Numbers are issued to the individual athlete completing the race entry form except with the specific authority of the Competition Provider. Athletes who receive transferred numbers without permission will be disqualified from the race. Both runners will be subject to disciplinary action by the appropriate National Association"

So, if a race does not allow transfers, please do not advertise spare race places on Facebook. Please always check if transfers are allowed with the race organisers before offering a race place.